

Prasugrel

Studies in Risk, Benefit and the Evolution of Individualized Medicine

David E. Kandzari, MD

Director, Interventional Cardiology Research

Scripps Clinic

La Jolla, California

kandzari.david@scrippshealth.org

Disclosure

Within the past 12 months, I or my spouse/partner have had a financial interest/arrangement or affiliation with the organization(s) listed below

<u>Affiliation/Financial Relationship</u>	<u>Company</u>
Grant/Research Support	Abbott Vascular, Cordis Corporation, Medtronic CardioVascular
Consulting Fees/Honoraria	Abbott Vascular, Cordis Corporation, Medtronic CardioVascular, Micell Technologies, Terumo Medical
Major Stock Shareholder/Equity	None
Royalty Income	None
Ownership/Founder	None
Intellectual Property Rights	None
Other Financial Benefit	None

Dilemmas in Antiplatelet Therapy

Considerations for Clinical Practice

- Does high residual ('on-treatment') platelet reactivity correlate with increased risk of adverse events?
- Does altering or adjusting therapy change outcome in patients with high residual platelet reactivity (HRPR)? Is 'resistance' overcome at a safety cost?
- Is there a potential for drug-drug interactions that may influence clinical outcome among patients taking thienopyridine therapy?
- Among clopidogrel users, is there a purpose for reloading at time of PCI?
- What is the optimal duration of dual antiplatelet therapy following DES revascularization?

Concern for Drug Interaction?

FDA Public Health Advisory, 17 November 2009

- The concomitant use of omeprazole and clopidogrel should be avoided. Omeprazole...reduces the anti-blood clotting effect of clopidogrel by almost half when these two medicines are taken by the same patient.
- Separating the dose of clopidogrel and omeprazole in time will not reduce this drug interaction.
- Esomeprazole and cimetidine should also be avoided; H2 antagonists and antacids are acceptable alternatives
- At this time FDA does not have sufficient information about drug interactions between clopidogrel and PPIs other than omeprazole and esomeprazole to make specific recommendations

Reduced Clopidogrel Effectiveness and Genotype

FDA Boxed Warning, 12 March 2010

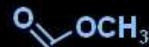
- The CYP2C19*2 and *3 alleles have no functional metabolism of Plavix. A patient with two loss-of-function alleles will have poor metabolizer status.
- Tests are available to determine patients' CYP2C19 status. Consider use of other anti-platelet medications or alternative dosing strategies for Plavix in patients who have been identified as poor metabolizers.
- Be aware that although a higher dose regimen (600 mg loading dose followed by 150 mg once daily) in poor metabolizers increases antiplatelet response, an appropriate dose regimen for poor metabolizers has not been established in a clinical outcome trial.
- Patients should not stop taking Plavix unless told to do so by their healthcare professional.

Prasugrel: A Novel Thienopyridine

Generation of Active Metabolites

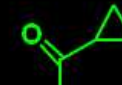
Clopidogrel

Pro-drug



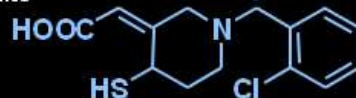
Prasugrel

Pro-drug



- Higher and more consistent levels of active metabolite
- Molecule for molecule, more potent than clopidogrel
- More rapid onset of platelet inhibition
- Higher mean levels of platelet inhibition
- Less patient variability (fewer 'non-responders')

active
metabolite



Sawi P et al. *ThromHaemost*2000;84:891-896
Tang Met al. *J. PharmacolExp Ther*2006;319:1467-1476
Clarke TA and Waskell LA. *DrugMetab Dispos*2003;31:53-59
Kurihara A et al. *DrugMetab Rev*2005;37:99

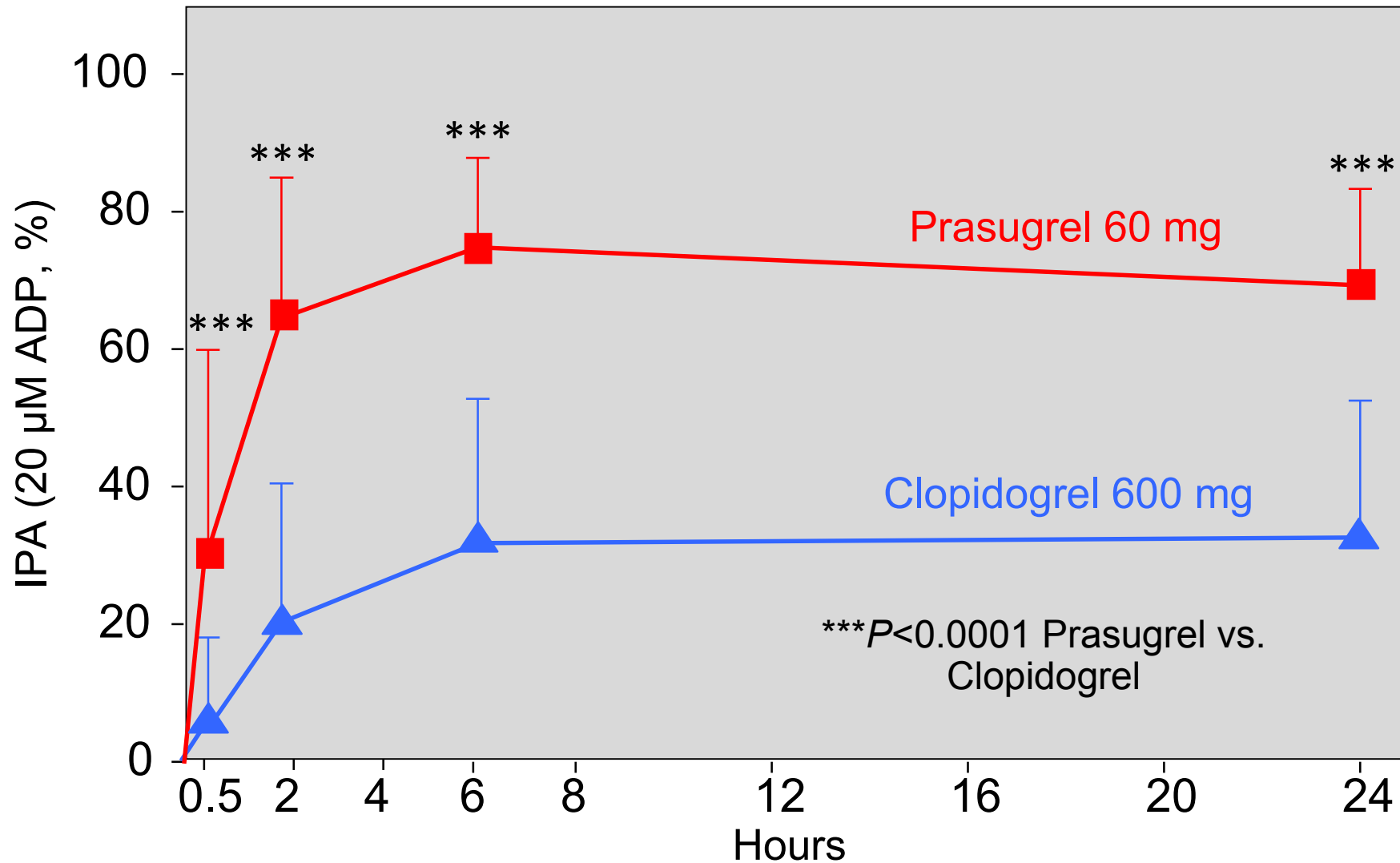
2019

active
metabolite
R-138727



Rehmel JL et al. *DrugMetab Dispos*2006;34:600-607
Farid NA et al. *DrugMetab Dispos*2007;35:1096-1104
Williams ET et al. *DrugMetab Dispos*2008;36:1227-1232

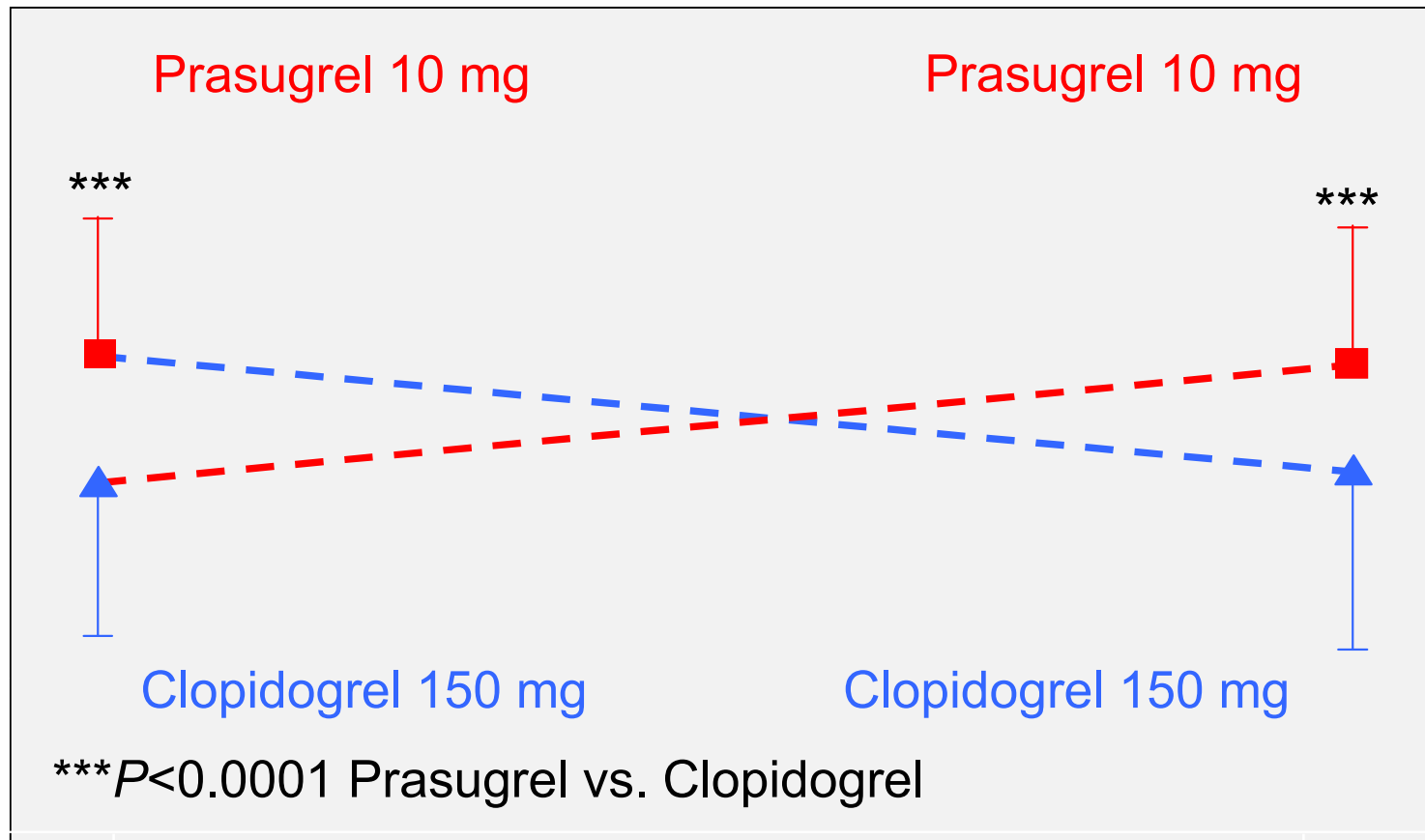
PRINCIPLE-TIMI 44 Primary Endpoint: Loading Dose Phase Inhibition of Platelet Aggregation (20 μ M ADP)



IPA=inhibition of platelet aggregation

Wiviott SD et al. *Circulation* 2007;116(25):2923-2932

PRINCIPLE-TIMI 44 Second Primary Endpoint: Maintenance Dose Phase IPA (20 μ M ADP)

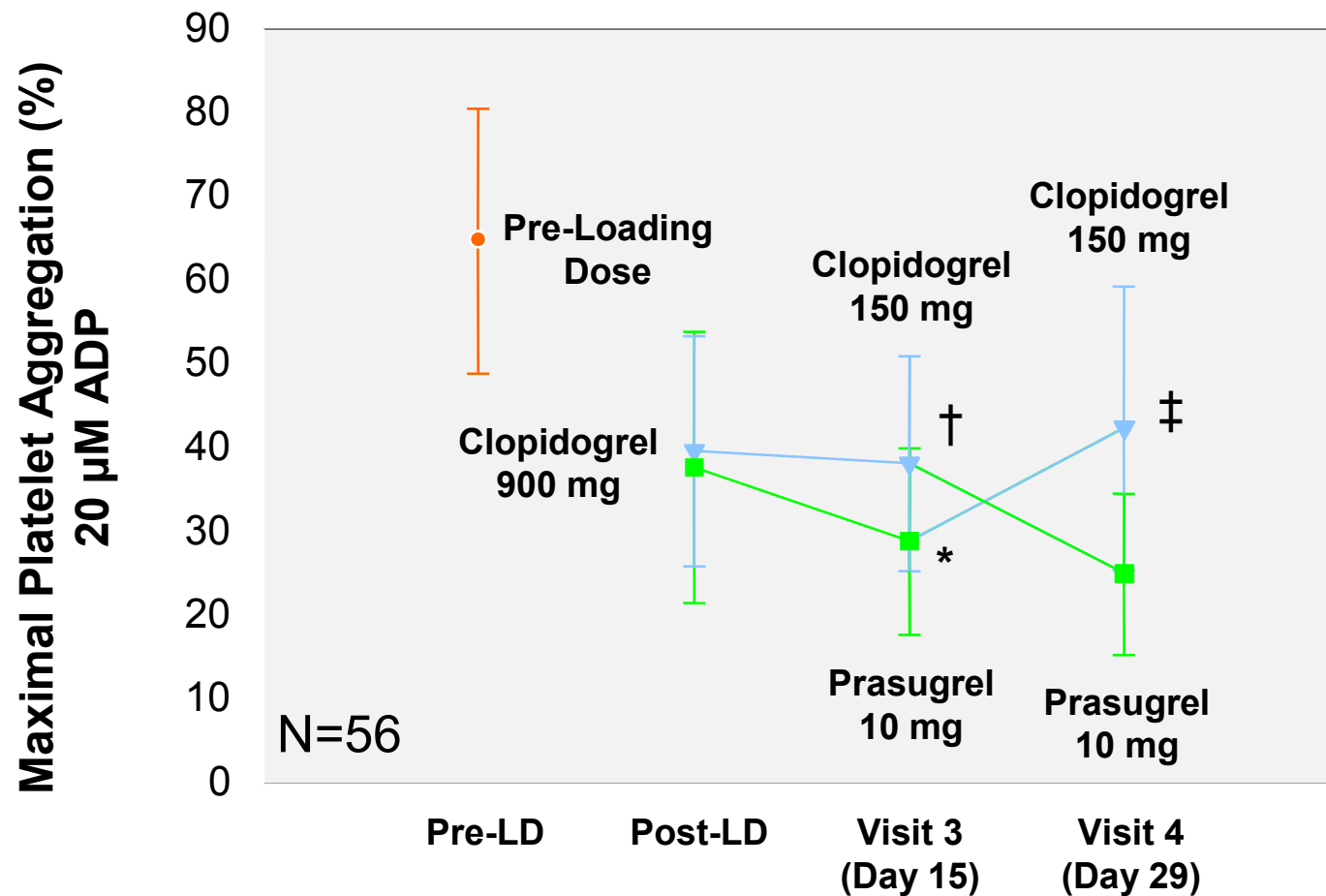


Least square mean (LSM) + standard deviation; IPA=inhibition of platelet aggregation

Wiviott SD et al. *Circulation* 2007;116(25):2923-2932

ACAPULCO

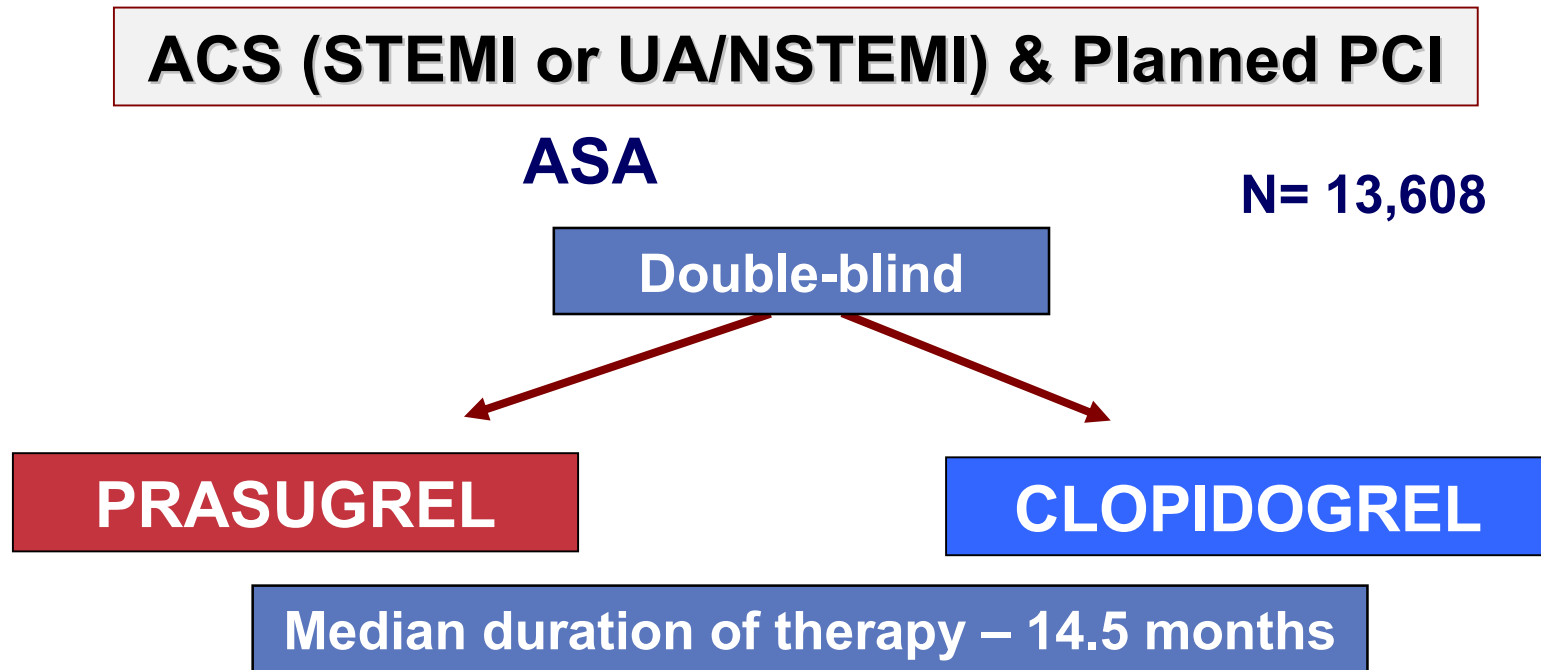
Maximum Platelet Aggregation by Treatment Sequence



*Comparison of prasugrel 10 mg at day 15 vs. the clopidogrel 900 mg loading dose, $p=0.011$ †Comparison of clopidogrel 150 mg versus prasugrel 10 mg at day 15, $p=0.008$; ‡Comparison of clopidogrel 150 mg vs. prasugrel 10 mg at day 29, $p<0.001$; ADP=adenosine diphosphate

TRITON–TIMI 38

Study Design

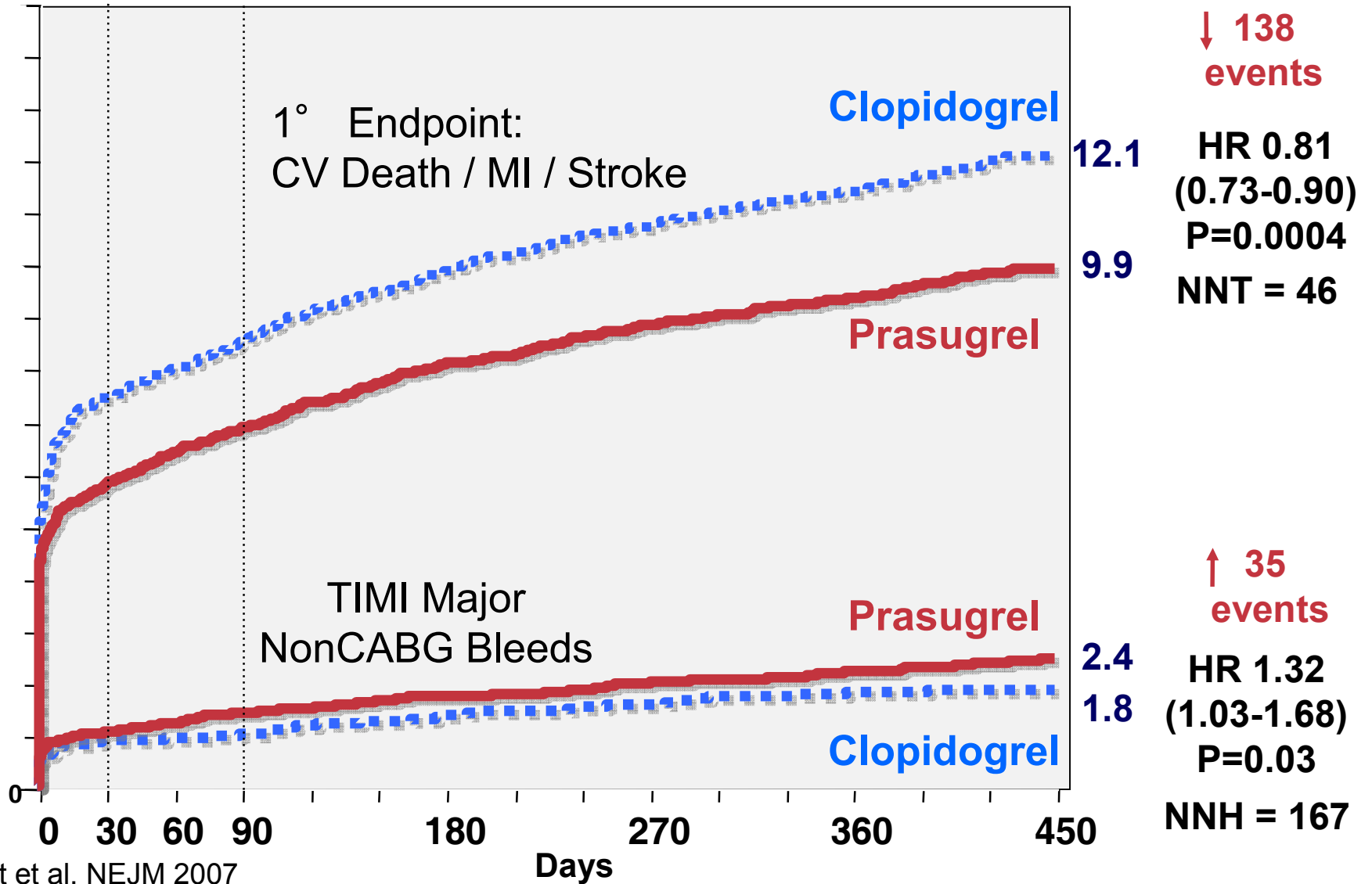


1° end point: CV death, MI, stroke
2° end points: CV death, MI, stroke, re-ischemia
CV death, MI, UTVR

TIMI, thrombolysis in myocardial infarction; ACS, acute coronary syndrome; STEMI, ST elevation myocardial infarction; UA, unstable angina; PCI, percutaneous coronary intervention; UTVR, urgent target vessel revascularization

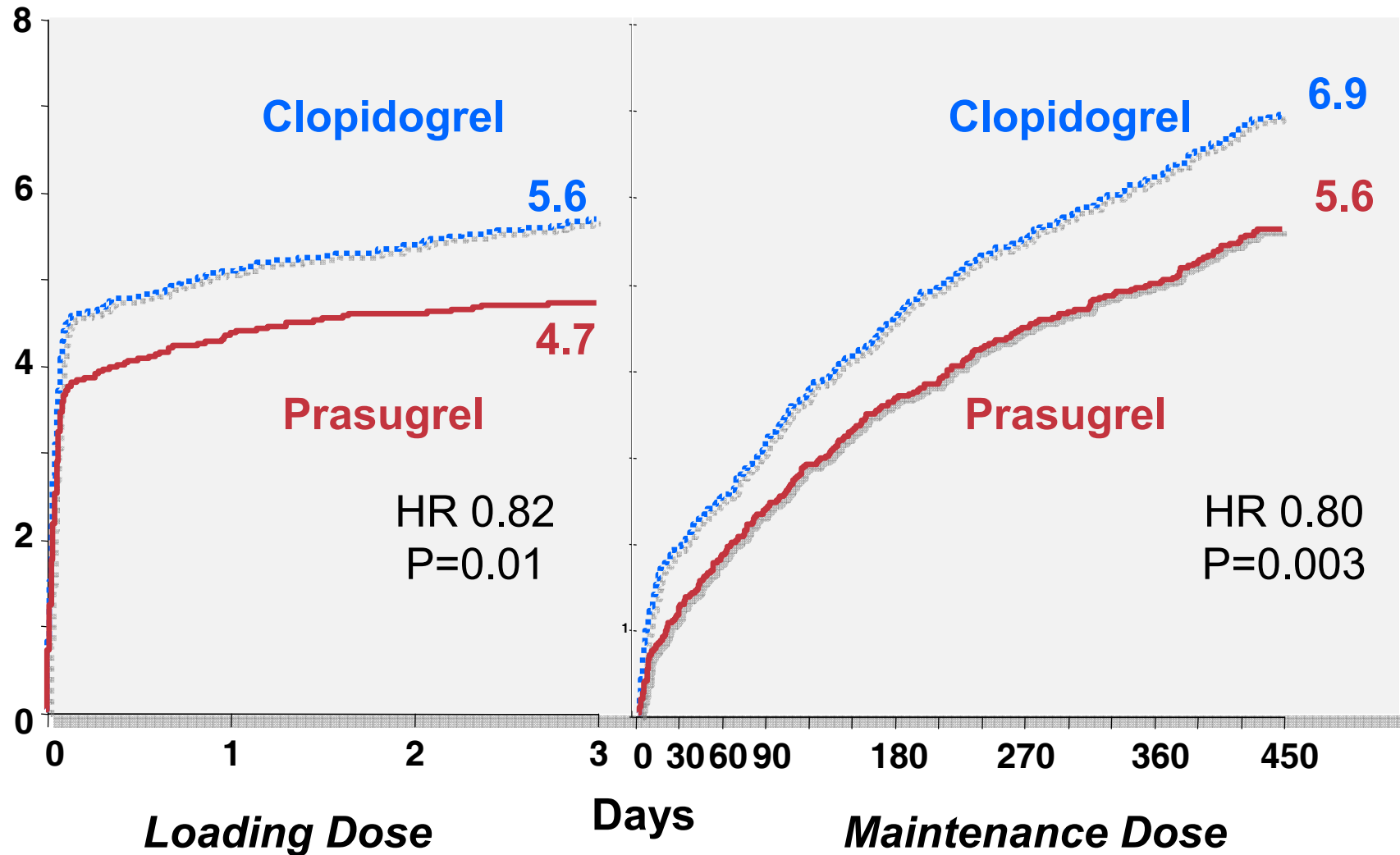
TRITON TIMI 38

Balance of Efficacy and Safety

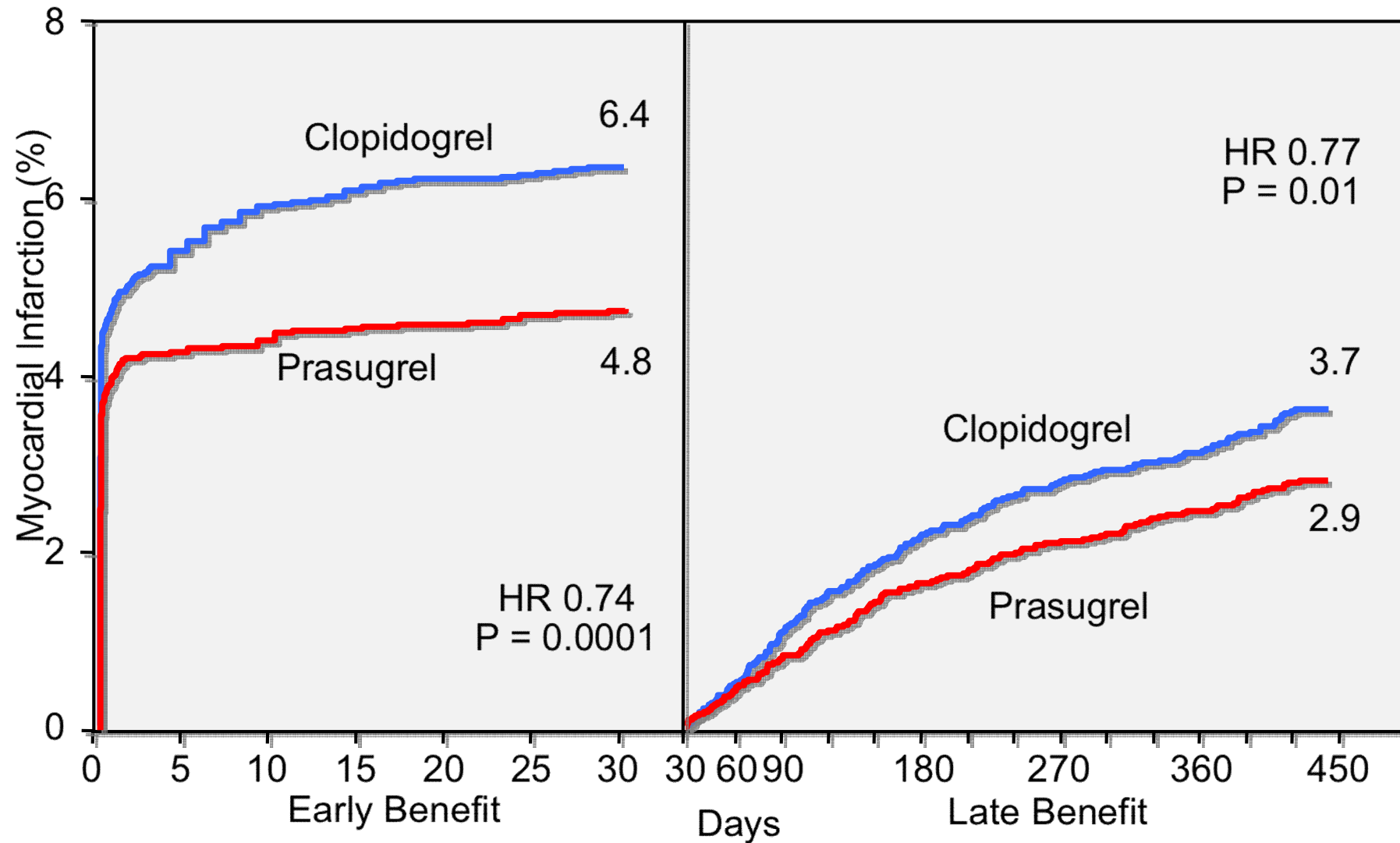


TRITON TIMI 38

Timing of Benefit (Landmark Analysis)

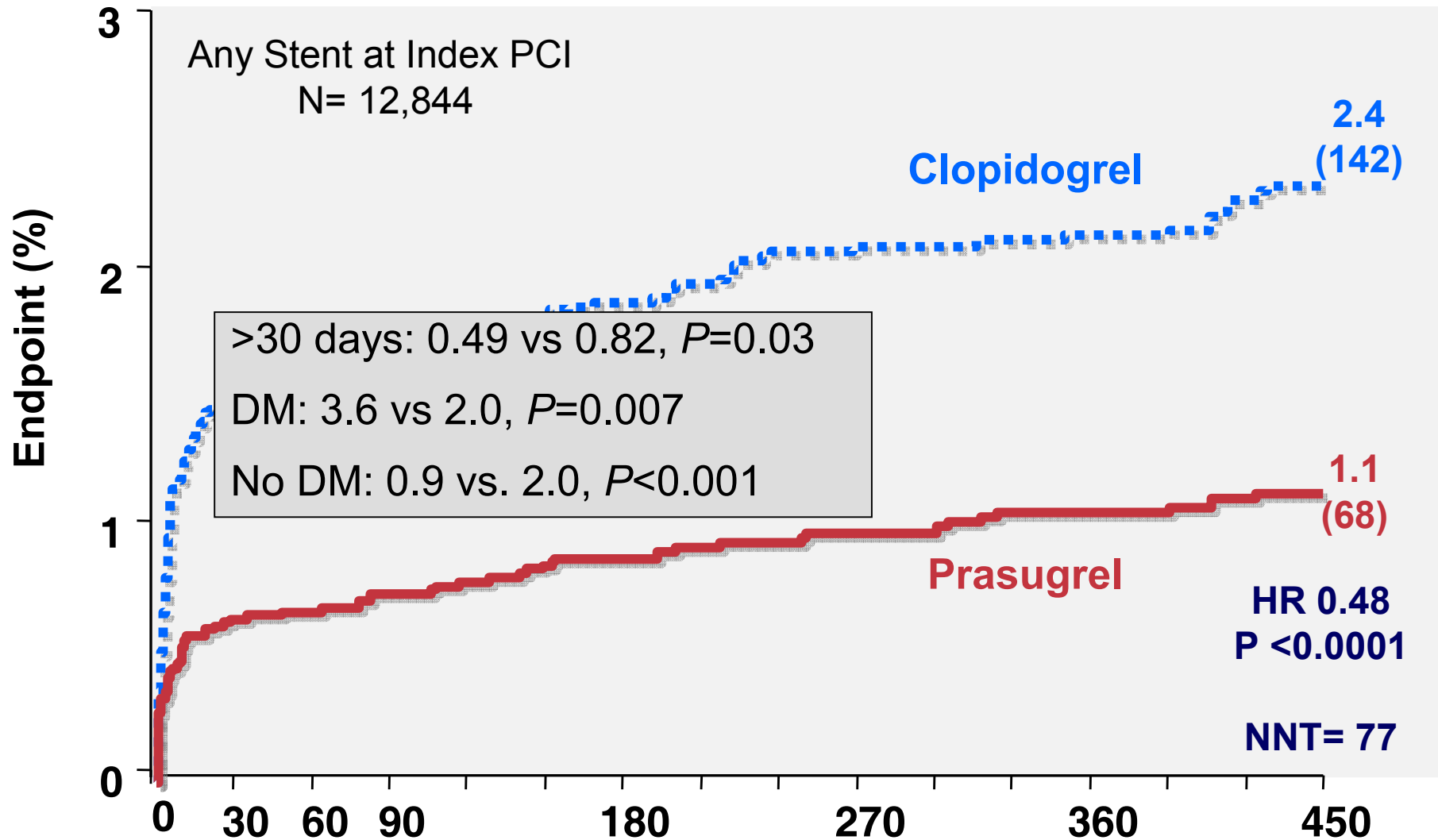


TRITON: Myocardial Infarction



TRITON TIMI 38

Stent Thrombosis (ARC Definite + Probable)

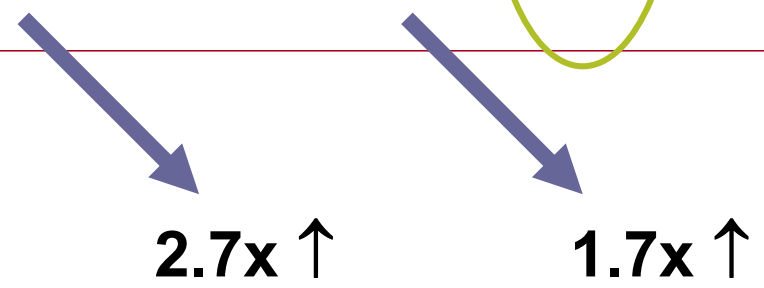


Influence of Trial Conduct and Definitions

What is Meaningful to a Doctor May Differ to a Trial Committee

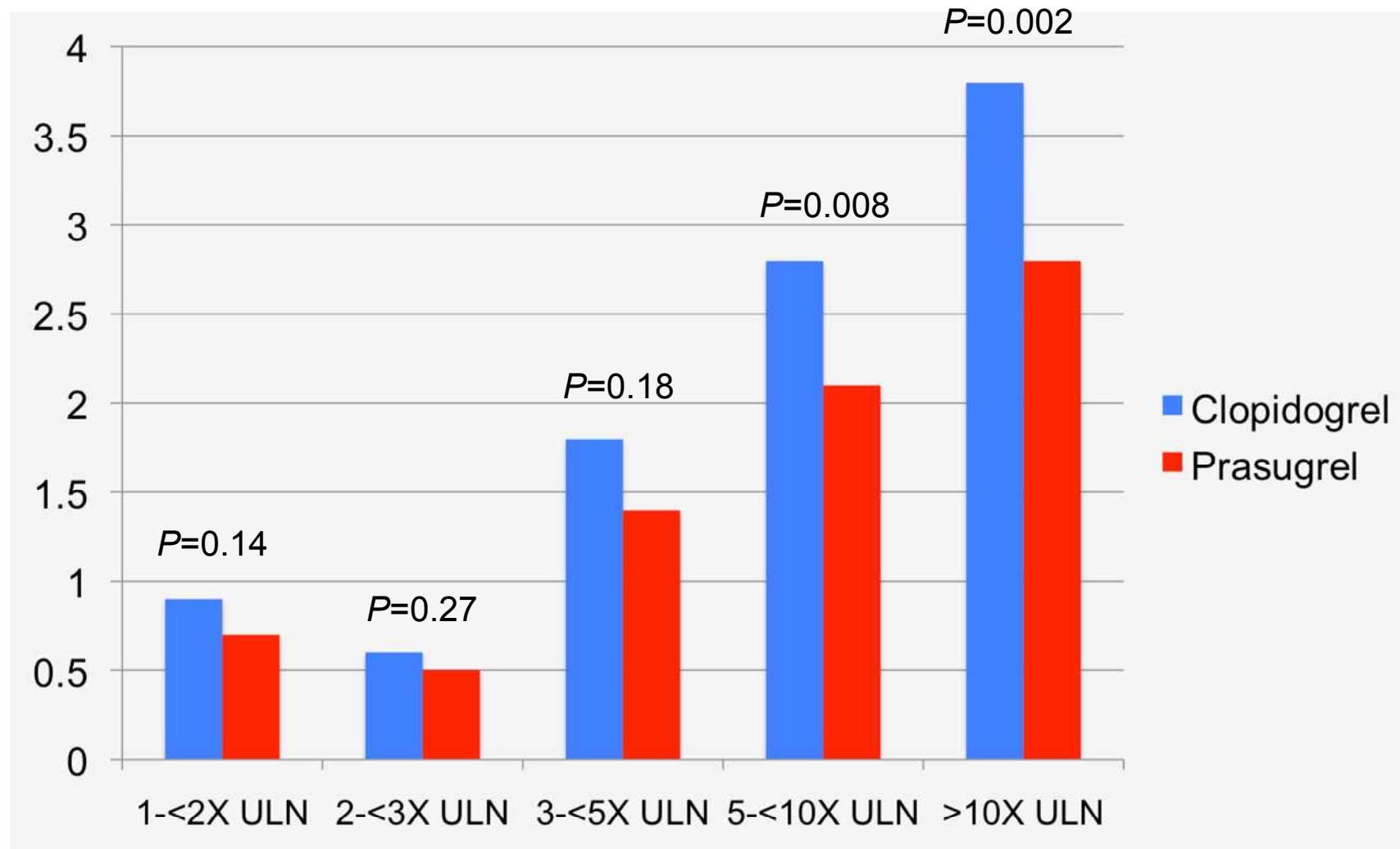
Definite Stent Thrombosis

	Prasugrel	Clopidogrel	RR	P Value
CEC adjudicated	52	122	0.42	<0.001



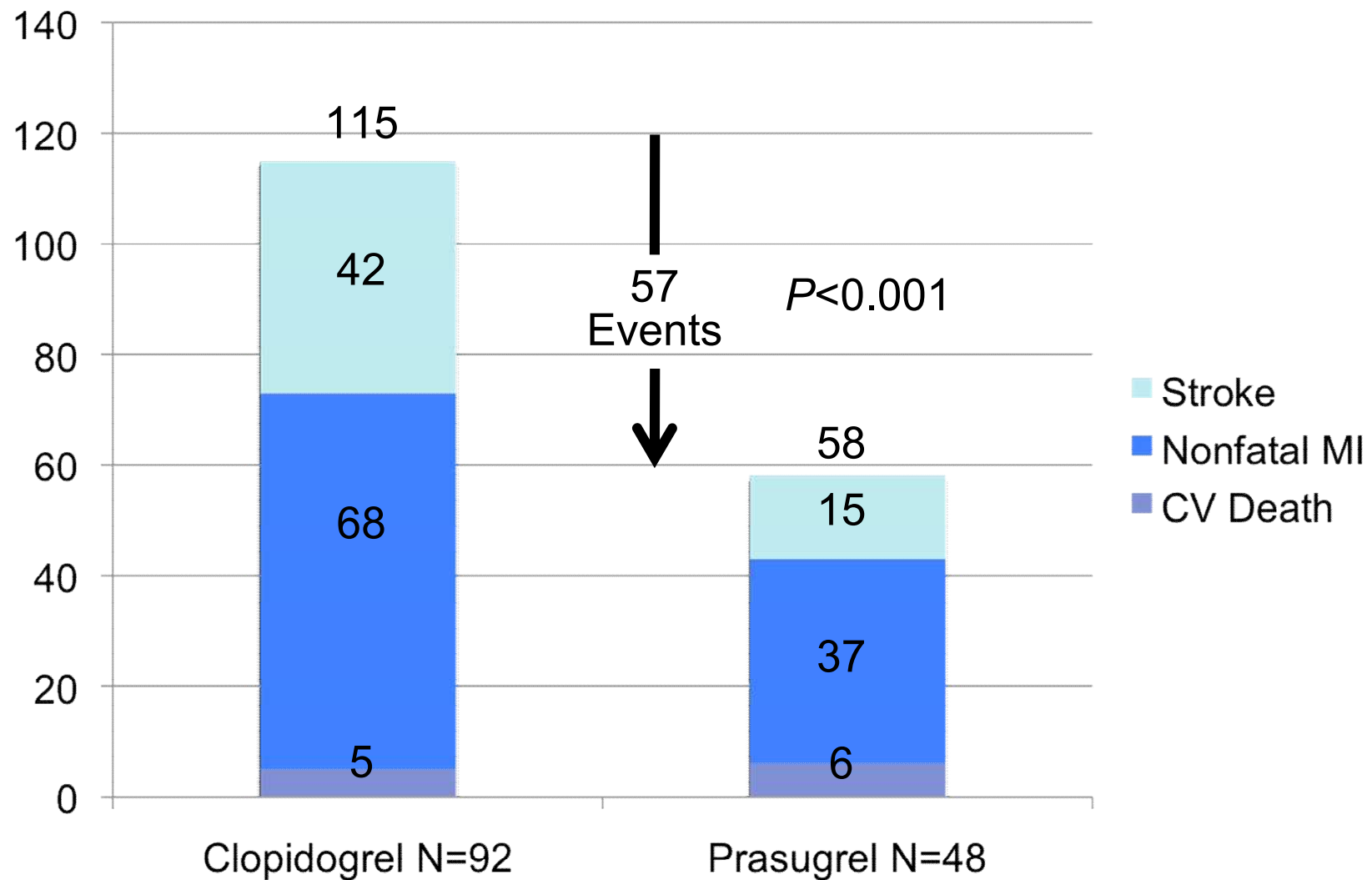
TRITON

Efficacy Analysis by Biomarker Elevation

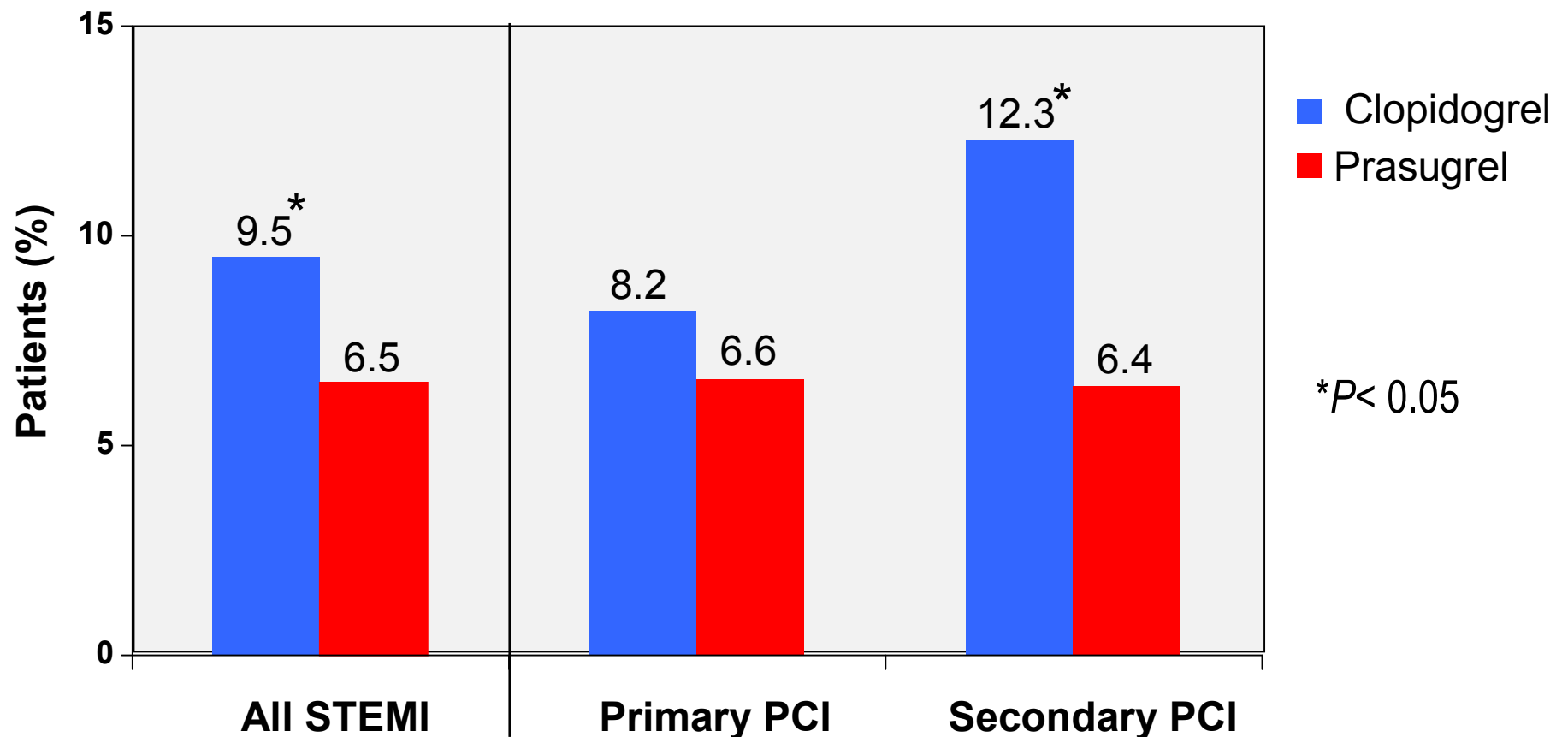


TRITON

Impact on Recurrent Events

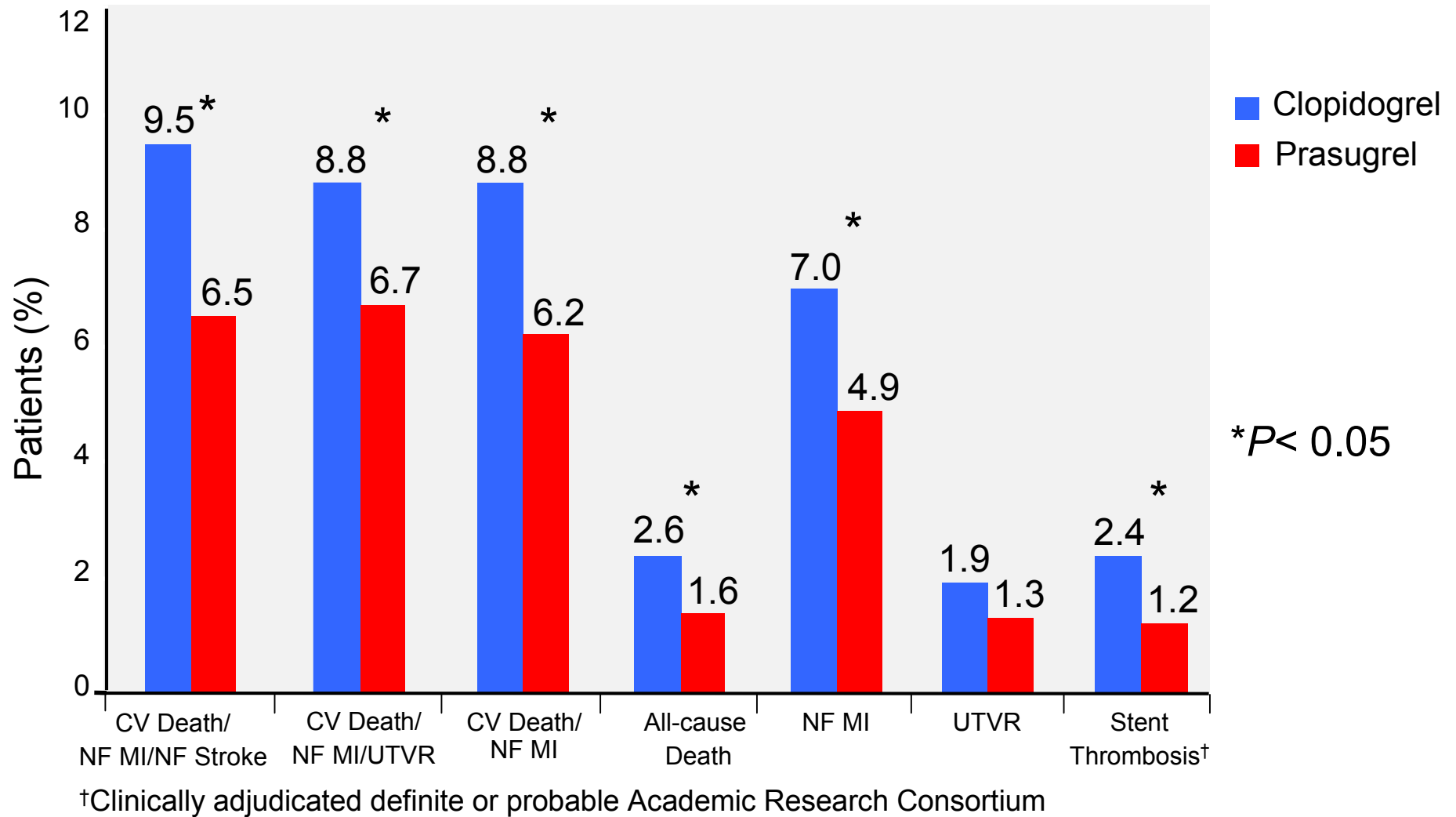


TRITON-TIMI 38: STEMI Cohort Primary Efficacy Endpoint at 30 Days (CV Death, NF MI, NF Stroke)



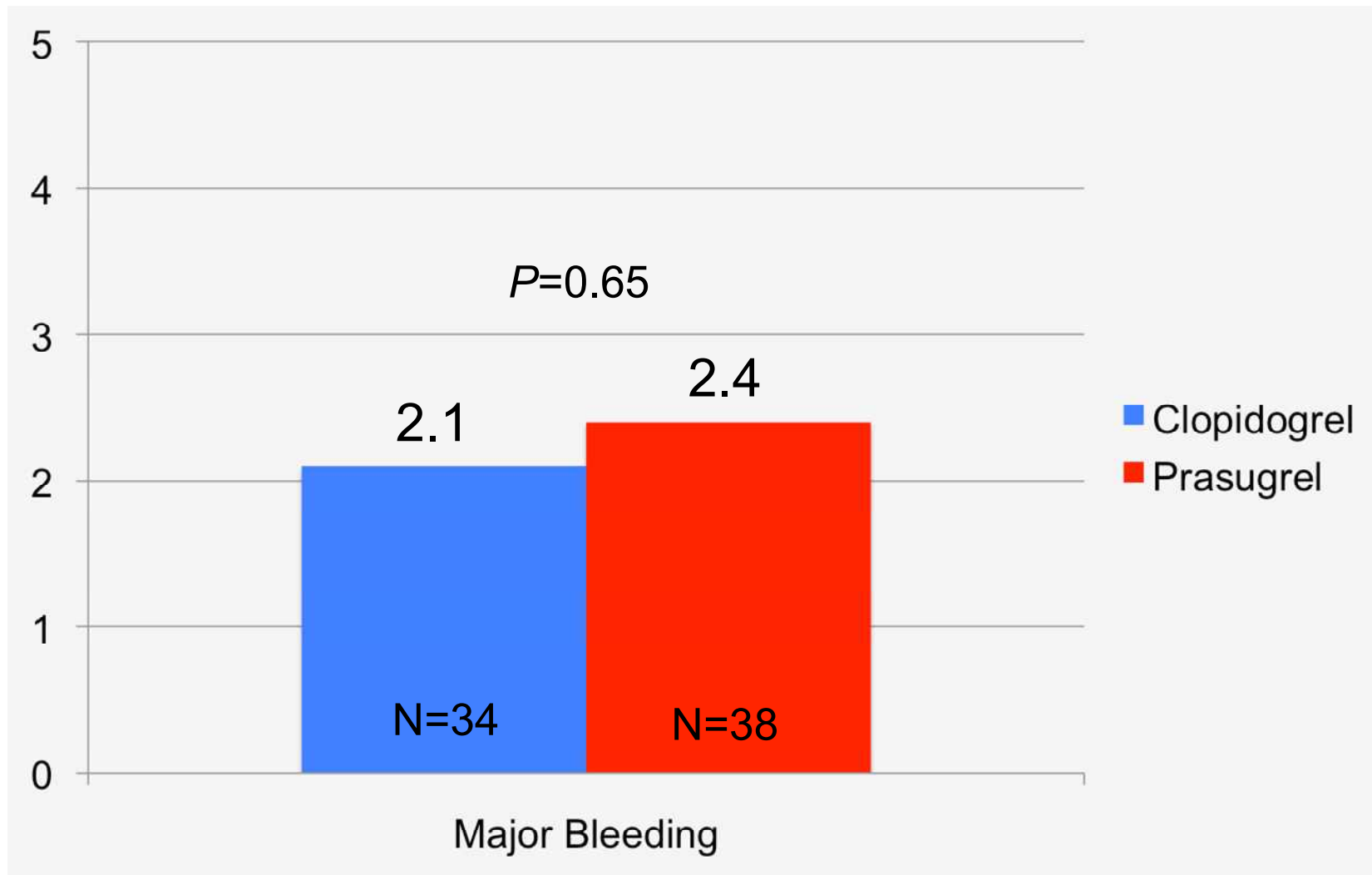
TRITON-TIMI 38

STEMI Cohort Efficacy Endpoints at 30 Days



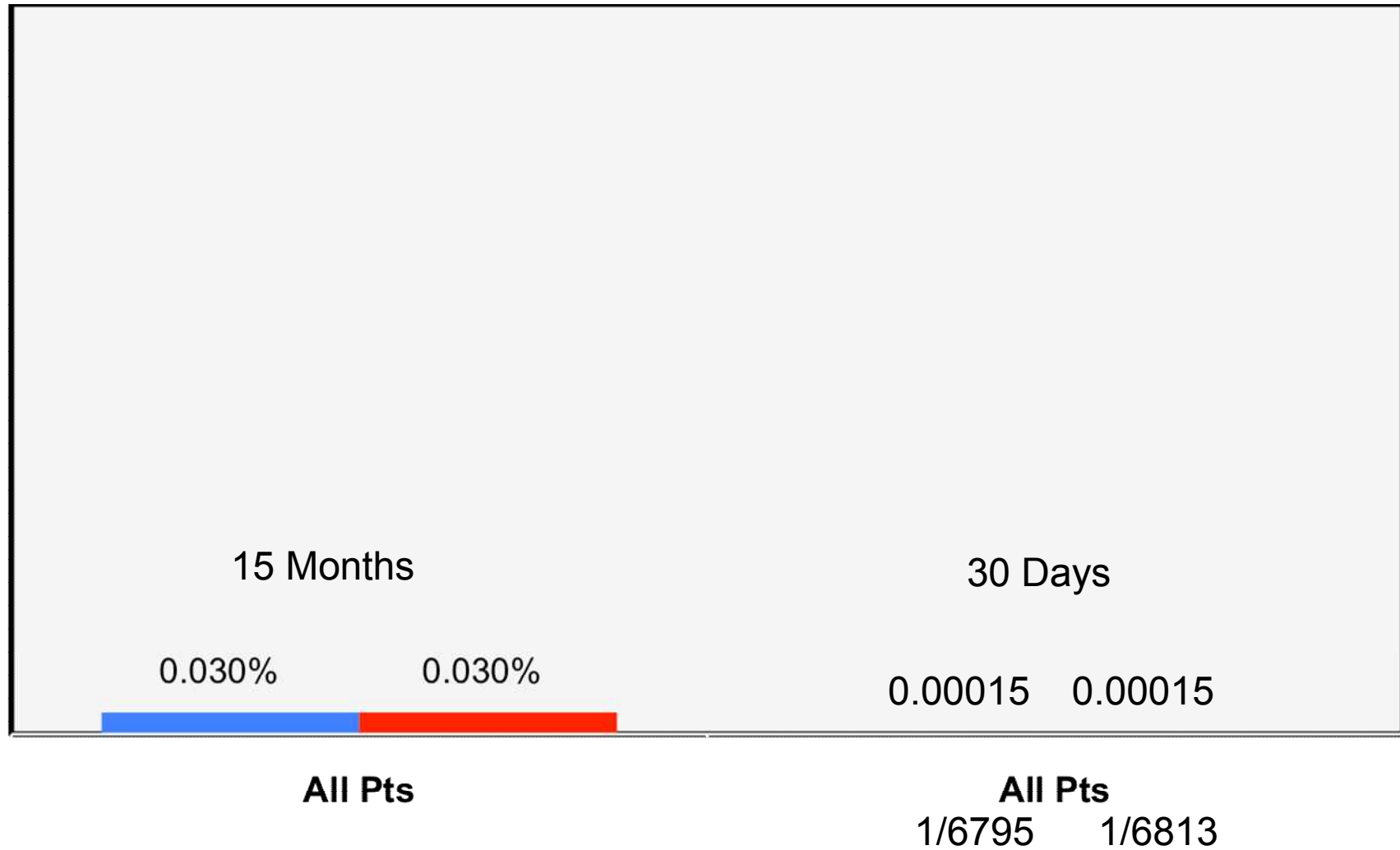
STEMI Cohort

Non-CABG TIMI Major Bleeding



Intracranial Hemorrhage

Non-CABG TIMI Major Bleeding



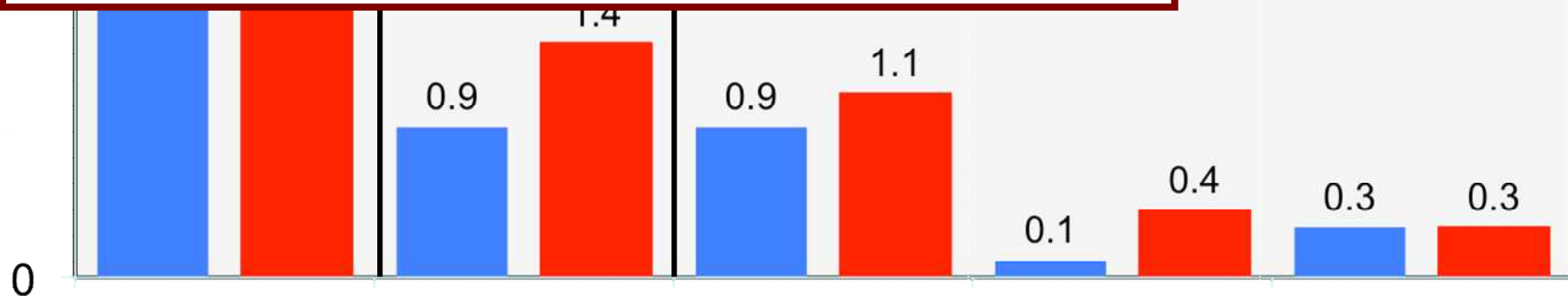
Bleeding Events

Safety Cohort (N=13,457)

- Age > 75 years
- Body weight <60 kg
- Prior stroke/TIA

ICH in Pts w
Prior Stroke/TIA
(N=518)
Clop 0 (0) %
Pras 6 (2.3)%
(P=0.02)

% Events



TIMI Major Bleeds

ARD 0.6%
HR 1.32
P=0.03
NNH=167

Life Threatening

ARD 0.5%
HR 1.52
P=0.01

Nonfatal

ARD 0.2%
P=0.23

Fatal

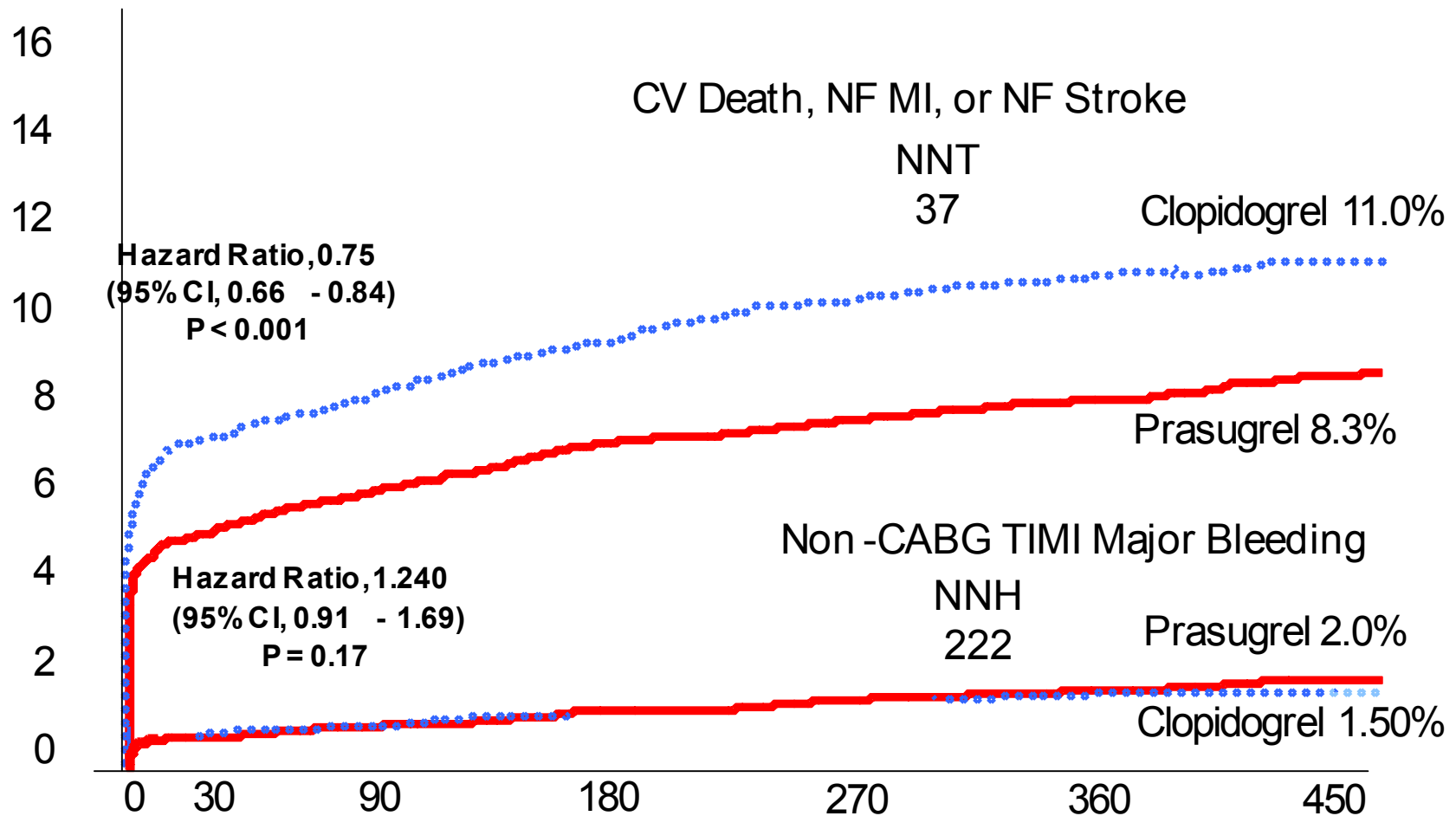
ARD 0.3%
P=0.002

ICH

ARD 0%
P=0.74

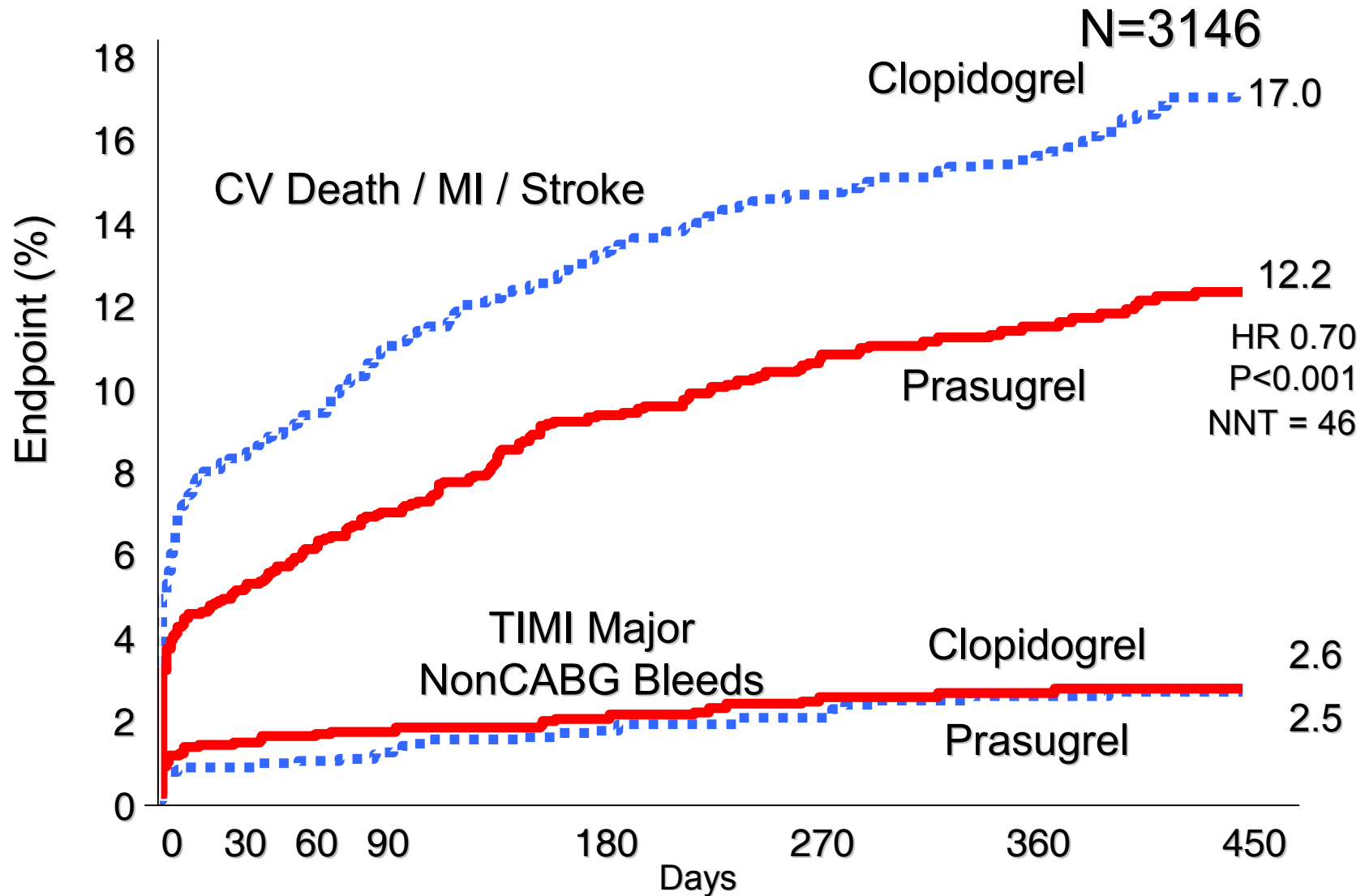
Prasugrel: Balance of Risk and Benefit

Patients <75 y, >60 kg and without prior stroke/TIA

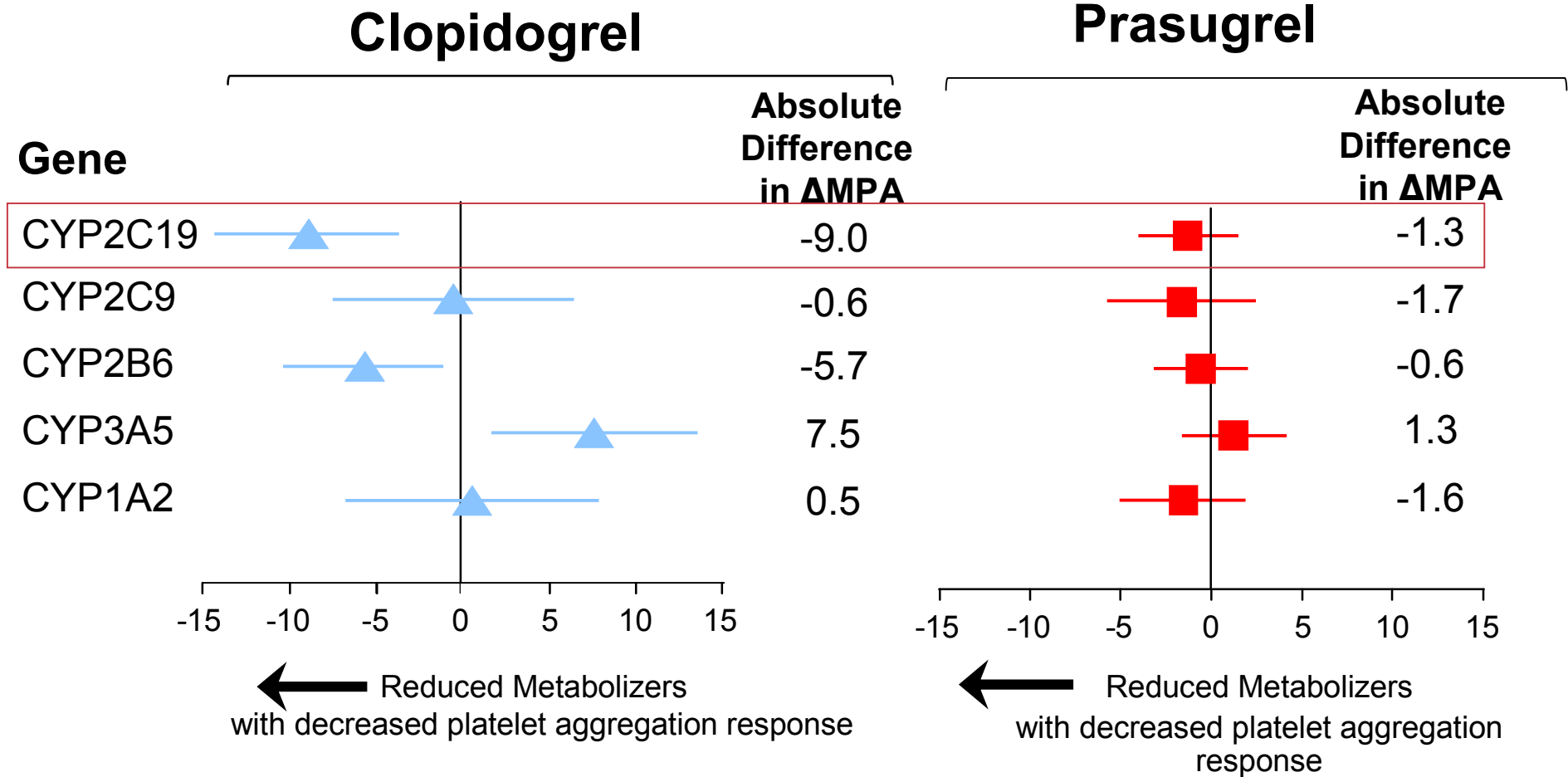


Prasugrel: Balance of Risk and Benefit

Diabetic Subgroup



Genomic Effects on Thienopyridine Pharmacodynamics



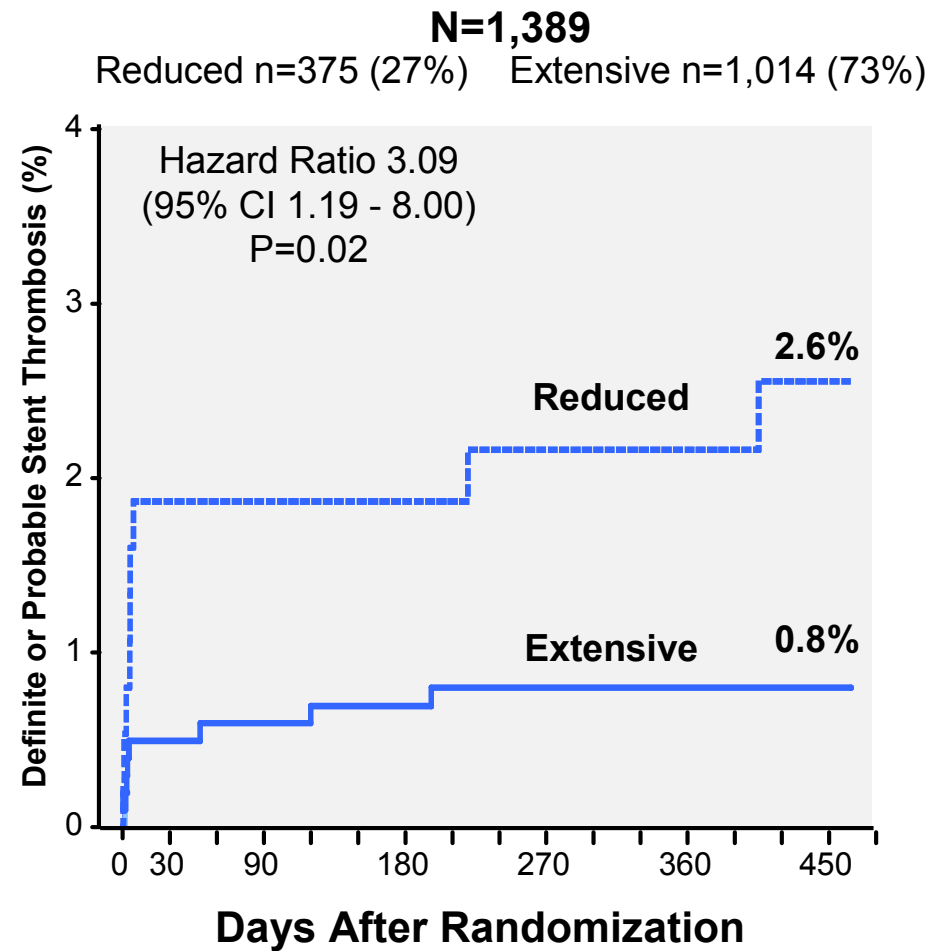
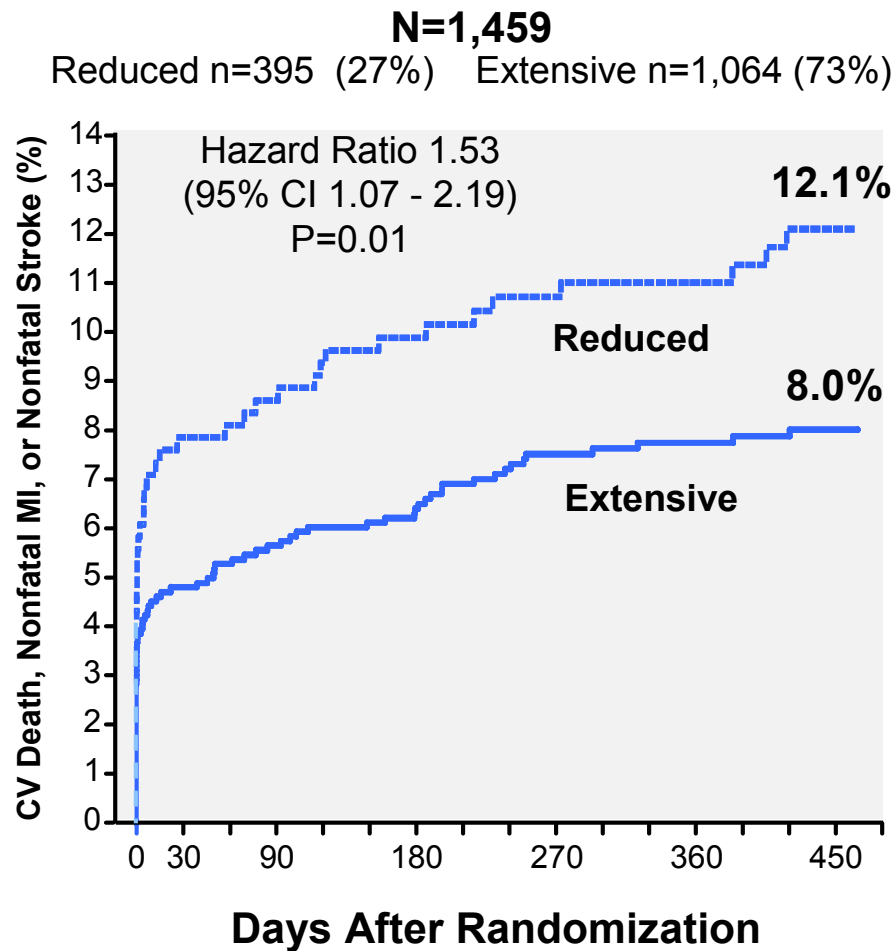
Genetic Determinants of Antiplatelet Therapy Response

CYP2C19 Polymorphisms and Clinical Outcomes

FAST-MI: Predictors of All-Cause Death, Non-fatal MI, Stroke

Any loss-of-function CYP2C19 allele (*2, *3, *4, *5)	All patients (N=2,208)	<i>P</i> value	Patients who underwent PCI (N=1,535)	<i>P</i> value
0 variant allele	1.00	0.003	1.00	0.005
1 variant allele	0.69 (0.51-0.93)		0.78 (0.50-1.21)	
2 variant alleles	1.98 (1.10-3.58)		3.58 (1.71-7.51)	

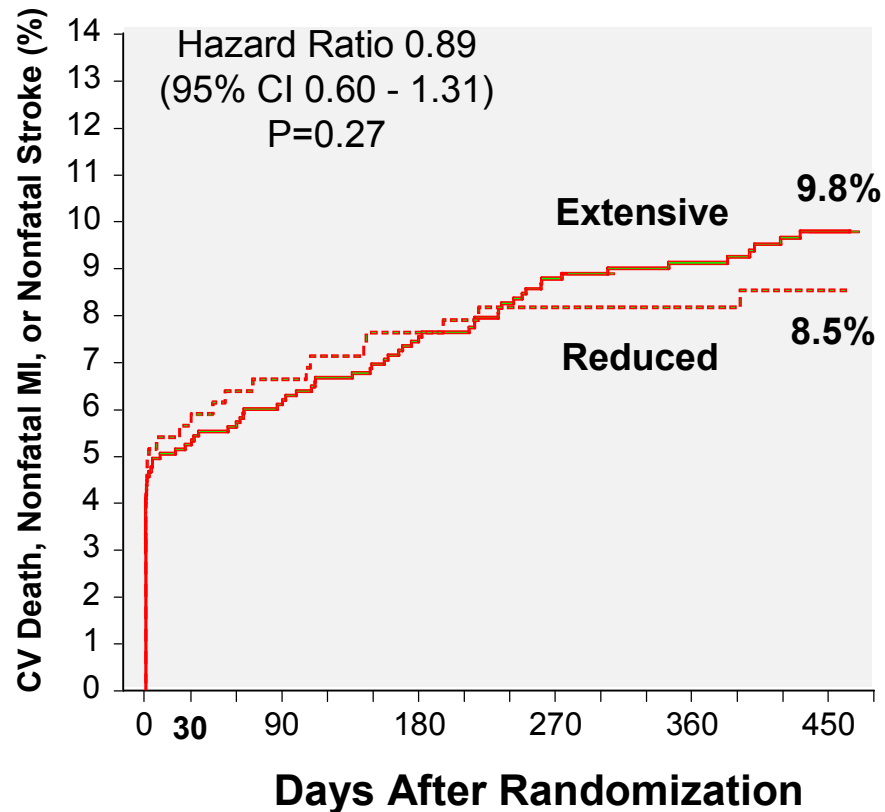
Adverse Events Relative to Inherited Reduced Metabolism Variant of CYP2C19: Clopidogrel Cohort TRITON-TIMI 38



Adverse Events Relative to Inherited Reduced Metabolism Variant of CYP2C19: Prasugrel Cohort TRITON-TIMI 38

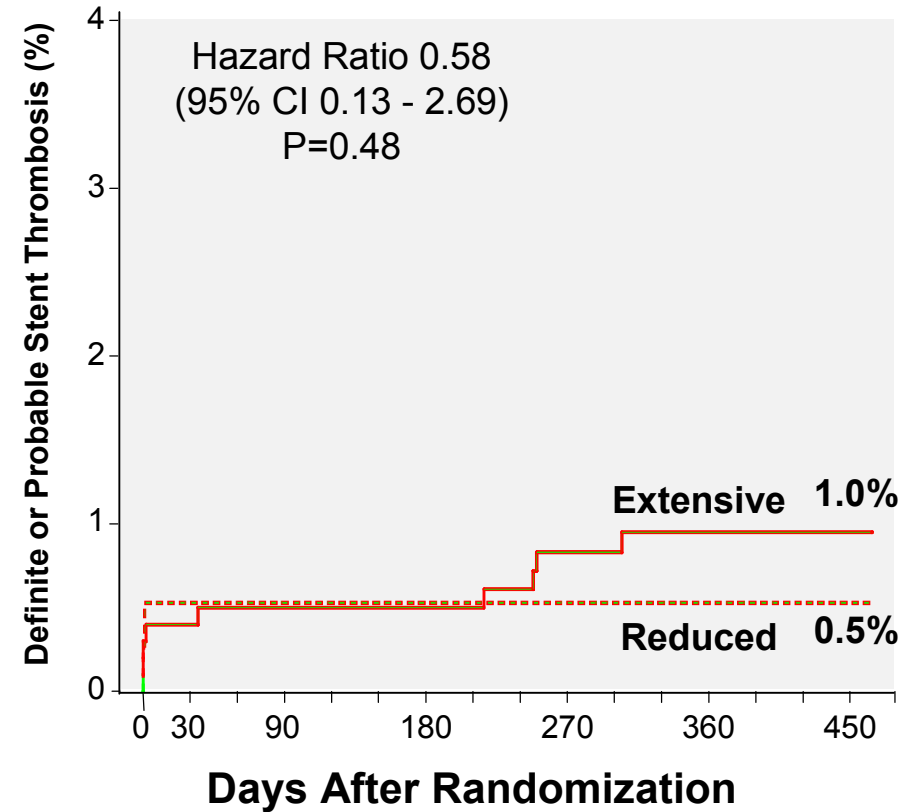
N=1,455

Reduced n=407 (28%) Extensive n=1,048 (72%)



N=1,379

Reduced n=379 (27%) Extensive n=1,000 (73%)



From Clinical Trials to Clinical Practice

“A p-value is no substitute for a brain.”

— Anonymous

Prasugrel

From Clinical Trials to Clinical Practice

Who is a suitable candidate for Prasugrel?

- ACS patients (both NSTEMI and STEMI) intended to undergo PCI, not for those with expectation of CABG
 - STEMI patients (consider as initial therapy for most patients)
 - Diabetes
- High-risk PCI anatomy (eg, UPLM, bifurcation disease)
- PCI in patients not adequately pre-treated with thienopyridine therapy
- Clopidogrel non-responsiveness by platelet aggregation/genomic testing

Who is not a Prasugrel candidate?

- Patients for whom CABG may be a consideration
- Prior stroke/TIA
- Uncertainty regarding elderly (≥ 75 years), body weight < 60 kg

Prasugrel

From Clinical Trials to Clinical Practice

- Compared with Clopidogrel, Prasugrel is associated with more rapid, complete and consistent platelet inhibition
- In ACS patients (both NSTEMI and STEMI), treatment with prasugrel is associated with significant reductions in the composite of cardiovascular mortality, MI, and stroke, in addition to stent thrombosis
- Prasugrel is associated with a modest but significant increased bleeding risk for whom the benefit/risk is particularly decreased among patients ≥ 75 years age, with prior stroke/TIA or body weight < 60 kg
 - 5 mg maintenance dose may preserve efficacy and reduce bleeding risk, although not formally studied for patient level outcomes
- Experience with Prasugrel has exposed the opportunity and potential for individualized medicine
- Role of Prasugrel in medical management of ACS, clopidogrel non-responsiveness presently under investigation (TRIGGER PCI, TRILOGY)